



6 VEGETABLES TO PLANT FOR SPRING

Here are a few examples of a few vegetables that love the cooler spring weather so you can get a head start on gardening.

Tip: If you live somewhere that Winter lingers, be sure to keep an eye out for dramatic temperature drops. Those are nights that you will want to bring your vegetables inside.

- 1 Lettuce and Spinach.** Some of the easiest of all spring vegetables to grow! Lettuce and other leafy greens grow fairly quickly from seed and can be harvested in as little as 45 to 50 days. If you plant your seeds in early April, you can expect fresh greens by mid-May. Lettuce seeds are small, and one tip for success is covering the seed with store-bought potting soil instead of heavy garden soil. Potting soil holds moisture and is lighter in weight, making it easy for tiny seedlings to break through.
- 2 Carrots & Radishes.** Carrots can sometimes be a challenge to grow in clay soils, but if you dig deep and add lots of soil conditioner and compost, you should get beautiful results. A little trick is to plant your carrots and radishes together in the same row. When you pull the radishes first, it will leave room for the carrots to continue growing; this will help you optimize your gardening space! Carrots and radishes are great for growing in raised garden beds because the deep soil is perfect for their long roots.
- 3 Peas.** Snowpeas, shell peas, and sugar snap peas are great to plant in the Spring from late March to early April and will even tolerate a few degrees of frost.
- 4 Onions.** Most people agree that Onions are the easiest to plant from small bulbs. Plant onions about two inches apart and harvest every other one for use as green onions, which can be ready about six weeks after planting. The remaining onions, the ones you don't pull, should be left to grow into full-size onions later in the summer.
- 5 Potatoes.** Seed potatoes are available in early spring; an April planting will yield new potatoes in June, and full-grown potatoes can be expected by mid-to-late summer, depending on the variety.
- 6 Cabbage, Broccoli, Cauliflower & Brussels Sprouts.** These closely related "cold" crops should be planted in early Spring to take advantage of the warm days and cool nights. Harvest typically starts in late May to late June.