# GLOBAL RECYCLING DAY



## Ways to Participate in Recycling

*Global Recycling Day* is set for **March 18th** bringing cities worldwide together to inspire a fresh perspective on recycling. These gatherings aim to motivate individuals to commit to at least one change in their recycling habits, fostering a wider understanding of the global significance of recycling.

### RECYCLING AT HOME

If you haven't started recycling yet, now is the perfect time to begin. Discover the materials your local recycling program accepts and ensure you sort your waste correctly. Since states, counties, and cities may have different guidelines, incorporating recycling into your weekly routine will soon become second nature at home.

### RINSE YOUR RECYCLABLES

Ensure your items are recyclable by rinsing empty cans, bottles, and cartons of food and liquid waste before placing them in the recycling bins. Contaminated items pose challenges for proper recycling and may contaminate other items in the process.

### BE RESOURCEFUL

As not all items can be recycled, and some hold sentimental value, explore alternative uses or repair them if damaged. Instead of letting unused items linger in basements or attics due to being reluctant to part with them, bring them out and integrate them into your home, consider donation, or sell them online.

### QUALITY ITEMS

• Global Recycling Day goes beyond improvingrecycling practices; it also emphasizes on making better purchase choices. Being mindful of what you buy ensures the amount of items that can be efficiently recycled, or ideally, don't need recycling but can be composted. Opting for higher quality goods designed for durability is a great way to start buying more responsibly.

### RAISING AWARENESS

We can unite to raise awareness for the wellbeing of our planet. Share information about the challenges of plastic pollution, recycling practices, and spread the word on social media. Extend awareness to your workplace, friends, and family, emphasising the importance of everyone playing a role in minimizing waste.